



Ancient Rituals Spa

An Unforgettable Experience

Our Service

Turkish Hammam Rituals

Traditional Kerela Ayurvedic Massages

Kerela Ayurvedic Panchkarma Treatments

Ayurvedic Facial

Ice Both

Jacuzzi

Contact Us :

 **+91 9082122603**

Shop No 2, Aradhya Highpark MICL, Near Thakur Mall,
Mira Road (East), Thane 401107

www.ancientritualsspa.com

HAMMAM PACKAGES & PRICING



Package Name	Duration	Inclusions	Price
Self-Service Hammam	35 mins	Stream Room Access + Jacuzzi	1600/-
Scrub Ritual	60 mins	Stream + Full Body Scrub with Kese + Warm Rinse	2000/-
Traditional Hammam	75 mins	Steam + Kese Scrub + Foam Massage + Rinse	2800/-
Enhanced Hammam	85 mins	Steam + Kese Scrub + Foam Massage + Scalp deep cleansing	3200/-
Luxury Hammam Ritual	1 hr 45 min	Steam + Kese Scrub + Foam Massage + Aromatic Oil massage	4200/-

KERALA AYURVEDIC MASSAGE & PANCHKARMA TREATMENT



Package Name	Duration	Inclusions	Price
Abhyanga (Full Body Ayurvedic Oil Massage)	65 mins	Traditional warm medicated ayurvedic oil massage + steam	1700/-
Deep Tissue Massage	65 mins	Hard pressure massage for sports person	2200/-
Udwarthan (Powder Scrub Massage)	60 mins	Body scrub with medicated powder + steam + shower	2000/-
Shirodhara + Head Massage	60 mins	Oil Stream on forehead + head massage	2200/-
Ayurvedic Herbal Facial	60 min	Full body massage + warm potli massage	1700/-
Ayurvedic + Potli + Steam	75 min	Ultimate nervous system relaxation combo	2400/-
Abhyanga + Shirodhara	1 hr 30 min	Total detox + glow package	3500/-
Abhyanga + Udwarthan + Steam + Shower	1 hr 40 min	Medicated oil holding for lower back Pain	2700/-

Package Name	Duration	Inclusions	Price
Kati Vasti	30 mins	Medicated oil holding for lower back pain	1500/-
Janu Vasti	30 mins	Relief for knees pain and joint fluid therapy	1500/-
Greva Vasti	30 mins	Cervical/shoulder/neck tension relief	1500/-
Pista Vasti	30 mins	Complete spinal therapy	1800/-
Uro Vasti	30 min	Cardio-muscular balance (chest)	1500/-
Njavara Kizhi	60 min	Rice potli therapy for paralysis, nerves and muscles strengthening	2000/-
Oil Basti (Enema Detox)		Removes toxins and cleanses colon	750/-
Kashaya Basti		Decoation-based basti for detox	1000/-
8-Day Yog Basti Plan		Full Panchkarma detox plan	20000/-

Mini Services (30 mins)

Back Massage (Medicated Ayurvedic Oil/ Scrub)	1000/-
Foot Massage (Medicated Ayurvedic Oil / Scrub)	1000/-
Relaxing Head Massage (Medicated Ayurvedic Oil)	1000/-
Face Massage (kumkumadi Oil)	1000/-
Deep Scalp Cleansing (with Shampoo)	800/-
Add on to mini services 15 min Potli massage ONLY	400/- more

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